



Horsham
District
Council

Health and Wellbeing

Proudly doing 'our bit' for local people

People and Places

West Sussex JSNA 2018

Residents (2017)

141,100

There has been a 8.6% increase in the last 10 years, in the main due to inward migration from elsewhere in the country.



Births
1,303



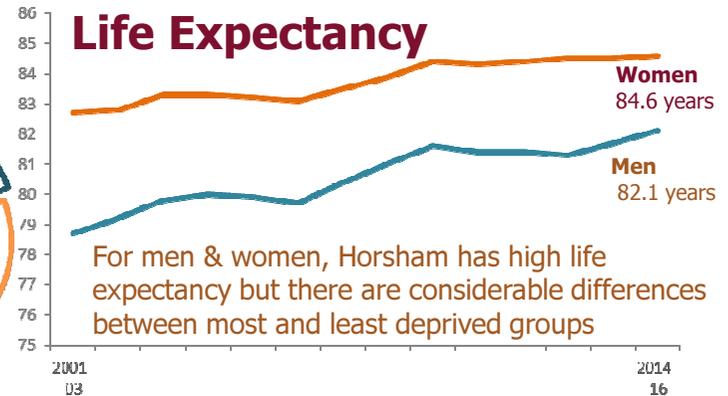
Deaths
1,342

Age Structure

Horsham has an older age structure compared with England, 22% of residents are aged 65+ yrs (England 18%)



Life Expectancy



Best Quartile



Horsham, overall, is a healthy place to live and grow! Frequently in the best 25% of all areas on a range of childhood measures known to have an impact on longer term health and wellbeing, including...



One of the lowest child poverty rates in the country at 7% compared with a national rate of 17% and regional rate of 13%.



Low rate of children with excess weight 6th lowest (24%) of all LAs in the country in relation to 10/11 year olds (England rate of 34%)

Great improvements



Teenage conceptions
In 2016 Horsham has one of the lowest teenage pregnancy rates in England (15 conceptions in 2016)



Deaths (under 75 years) from cardiovascular disease (including heart disease and stroke) the rate of deaths has almost halved since the early 2000s.



Top Places to Live, Work & Retire



Towns in West Sussex, including Horsham, are frequently featured in national surveys and rated as top places to live, retire or work....and the county has some of the sunniest places in the UK!

Greetings from...

Horsham is rich in natural, cultural and historical assets

Beautiful countryside, gardens, parks, leisure facilities, vibrant towns and villages, theatres, cinemas, museums, historic houses, a wide range of employers, lots of groups, associations and organisations.....

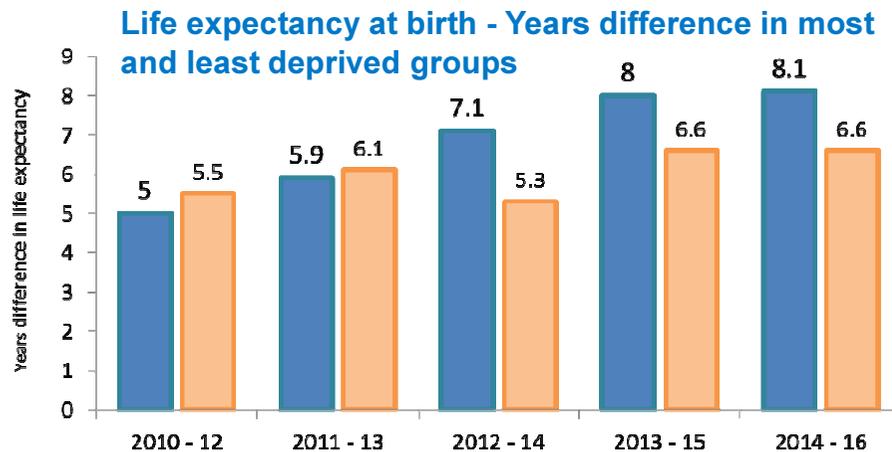


Ageing Population & Pressures on Working Age Group

31,000 people aged 65+ & rising ...additional 9,000+ projected in the next ten years (with static working age)

Inequalities....

The difference in life expectancy between people in most and least deprived areas of Horsham is high - 8.1 years for men and 6.6 years for women (and high compared with CIPFA neighbours) and has increased for men.



Increasing numbers of people with one (or more) long term health conditions and..



Over 15,000 carers...and over 4,000 aged 65+over



Large number of older people live alone (approx. 7,500 65+ in 2011)

Horsham healthy but still....

- Estimated 10,000 smokers
- Estimated 62% of adults overweight or obese
- 19% adults physically inactive*

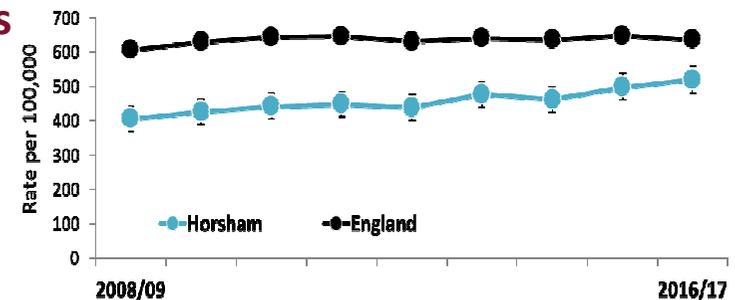
*(<30 mins moderate exercise a week)

Accidents

....consistently higher rate of people Killed and Seriously Injured compared with England (272 in 2014-2016)

Alcohol related admissions – risen over last 5 years

....still well below England rate but rising in recent years (728 admissions in 2016/17)



We don't do health but we do!

- HDC Corporate plan priorities/values
- Increasing healthy life expectancy is a fundamental local authority objectives not just a measure for the NHS
- Reacting to customer/partner demand
- Inclusion to address social inequality
- Contribute to local economy
- Reduce crime and disorder
- Recognising how Health and Wellbeing fits with other services



Health and Wellbeing Service

- An adult integrated lifestyle programme
- Great example of partnership forged between WSCC and D&B's now in year 7
- Initially CVD and health inequalities but now concerned with wider determinants
- One stop support shop locally designed to meet local needs
- Safe space, non-clinical, person centred



HDC and Health

- Sports Development
- Community Link Service
- Neighbourhood Wardens
- Parks and Countryside
- Community Safety
- Leisure Services



HDC and Health

- Community Development
- Events Team
- Environmental Health
- Housing Services
- Waste and Cleansing



New Safe and Well Partnership

Outputs from the previous H&W Partnership

- Hospital Insights Project
- Dementia Programme
- Falls Prevention
- Older Drivers Awareness
- Winter Wellness Conference



Safe and Well Partnership Vision

The HDSWP seeks to build on the District's already strong position for safety and health, creating happy and healthy communities where everyone enjoys a good quality of life - environmentally, economically and socially, and importantly where inequalities are addressed.

The Aims

1. Identify the current major issues and concerns that will benefit from collective intervention.
2. Engage and empower partners and communities to take action through time limited task and finish groups.
3. Evaluate and publicise outcomes to inform future responses to issues and concerns.

What's Next?

Key Areas of Focus:

- Ageing Population
- Health and Deprivation
- Middle Age Health
- Health and Planning

